Newsletter

Serving New Boston, Wake Village, Maud and Naples

Because "I love you" never gets old.

Valentine's Day is meant to celebrate anything and anyone you love and cherish. Take a second to think about who really matters to you. Think about who or what you appreciate most. It might be a boyfriend or girlfriend—but it can also be family members, friends, teachers, coaches, your dog, and don't forget yourself!





February is **American Heart Month**. You have the power to take action to protect yourself against heart disease. Small heart-healthy actions like adding more movement to our day or choosing healthy foods, can have a big impact on protecting our hearts. Join us for National Wear Red Day on Friday, Feb 7, and help bring national attention to the fact that heart disease is the #1 killer of women and men to raise awareness of heart health. So, we encourage everyone to wear red to show their support against heart disease.

### **Heart Health Fact #1**

Laughing may, in fact, be good for your heart and overall health! Research suggests a good belly laugh can increase your blood flow by 20%. The positive effect of this chuckle can last for 24 hours. (American Heart Association)

#### **Heart Health Fact #2**

An octopus has not one, but three hearts. Two of them — the branchial hearts — pump blood to the gills where it picks up oxygen. The third, or systemic heart, pumps the oxygenated blood around the body, fueling up the eight tentacles for whatever they and their suckers plan to do.

### **Heart Health Fact #3**

The beating sound from your heart-lub-dub, lub-dub, lub-dub- is from the clap of valve leaflets opening and closing.

The employees of the NETX Properties will strive to provide an exceptional living environment for all of our residents with the assistance of law enforcement and residents through our Neighborhood Watch Program. Each resident should do his/her best to maintain a peaceful neighborhood at all times. The mission of the NETX Properties is to provide decent, safe, sanitary and affordable housing for eligible elderly and families and to promote self-sufficiency and economic independence for residents.

Our Mission

# What's Happening neck of the public solutions of the p

## **President's Day**

Property Management offices will be closed on Monday, February 17, in observance of President's Day. President's Day was originally designated in honor of George Washington's birthday and is still legally called "Washington's Birthday." The first president of the United States was born on February 22, 1732.

February 12, Abraham Lincoln's Birthday February 22, George Washington's Birthday

#### GROUNDHOG DAY

February 2<sup>nd</sup> brings the most-watched weather forecast of the year, and the only one led by a rodent. Legend has it that on this morning, if a groundhog can see its shadow, there will be six more weeks of winter. If it cannot see its shadow, spring is on the way.

#### **SUPERBOWL**

Mark your calendars for Sunday, February 9. The <u>Superbowl</u> is the most watched event in the U.S. last year, over 101 million Americans watched it. Some people watch the game, while for others the ads or the halftime show are the big attractions. The game will be played at the Caesars Superdome in New Orleans at 6:30PM.

## Graduating High School Seniors

Hopefully, you have already begun your search toward college. There are some really exciting programs just for you.

**Scholarships**: This is free money for your college. As a resident of NBPM, you are qualified for a number of scholarships from small amounts to very large ones. Ask at the front desk for more information.

**Grants**: Apply for that pell grant and other governments grants. It's there for you. Take advantage of it.

## Two \$500 NBPM Educational Scholarships

The Board of Directors has established two \$500 annual educational or technical training scholarships for residents. Both scholarships are for residents who are going to an educational institution or a technical school. Technical training includes HVAC, welding, cosmetology, etc. where training is a requirement to work in that field of income. One scholarship is for a high school senior and the second is for any adult who is starting or returning to either an educational or technical program. Applications are available at the Central Office. **Deadlines for the 2025 scholarship is Friday, April 11, at noon.** Take advantage of this opportunity. Don't be late.

#### **Check us out on Facebook at:**

www.facebook.com/pages/ NETXProperties.org

#### \*Disclaimer

This agency does not endorse or represent any businesses/churches. We appreciate and acknowledge their support.

## Cal Davis, Executive Director

**NETX Properties Hours:** 

New Boston Mon – Thurs. 8AM - 5PM Fri. 8AM - Noon Naples Mon.-Thurs. 10AM-3PM Maud: Thurs. 10AM-3PM

Wake Village: Tues. and every other Thurs. 10AM-3PM

Phone: 903-628-2951 Hearing Impaired: 7-1-1 Fax: 903-628-8001 After Hours Maintenance: 903-278-5477

Email: info@netxproperties.org

For police reporting of concerns call your local number. NB 903-628-3771 - Maud 903-585-5004 WV 903-838-0515 - Naples 903-897-532

Tell your friends about us. They can apply at: www.NETXProperties.org



"This institution is an equal opportunity provider"



# THANK YOU to everyone who has already submitted their photos! However, if you

have not yet submitted them, please make sure to do so as soon as possible. We need a current, unfiltered photo of each household member, along with their name, so we can upload them to your profile ID. This will assist our staff in identifying authorized individuals in the apartment. You can email these pictures to us at andy.craytor@netxproperties.org, or if you don't have an email, feel free to stop by the office, and we can take your picture for you. Rest assured, only NETX staff will have access to your account profile pictures.



Please be smart when spending your Tax Return and consider paying your rent a month or a few months in advance! Why continue to struggle paying your rent each

month when you have an easy solution right at your fingertips?

#### **New Boston**

Starting February 18, all exteriors water spigots will be locked. You can pick up the procedure and the form at the Central Office if you want to request yours to stay unlocked. If you have any questions or concerns, contact the maintenance department at 903-628-2951 Ext. 201.

## Creamy Hazelnut Pie

## Ingredients

- 1 package (8 ounces) cream cheese, softened
- 1 cup confectioners' sugar
- 1-1/4 cups Nutella, divided
- 1 carton (8 ounces) frozen whipped topping, thawed
- 1 chocolate crumb crust (9 inches)

#### **Directions**

- In a large bowl, beat cream cheese, confectioners' sugar and 1 cup Nutella until smooth. Fold in whipped topping. Spread evenly into crust.
- Warm remaining Nutella in microwave for 15-20 seconds; drizzle over pie. Refrigerate at least 4 hours overnight.



## Meet Officer Harris & Goose



Officer Parker Harris is a New Boston resident who graduated from NBHS in 2017. He is happily married with children and loves protecting the citizens of New Boston. Officer Harris has been with the NBPD for two and half years and is the current Narcotic Patrol Officer who has just gained a new partner. Goose is a year and half old full black Czech German Shepard who is trained in narcotic detection, tracking and apprehension. NETX Properties is looking forward to working with this great team to help protect our tenants.

February						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	3					RENT DUE
CGROUN DA	DHOG	4	5	Late Payment Charge	7	
9 SUPER BOWL	10	11	Abraham Lincoln's Birthday	13	Happy Valentine's Day	
16	Happy 17 Presidents Day! CLOSED	Pest Control <sup>18</sup> Link, Wilson & 3 Houses	PINGO	New Boston <sup>20</sup>	21 SITES	George Washington's Birthday
23	24	Village Point 25	26 26	New Boston AUCTION 1:30	28	

## Criminal Trespass List

The NETX Properties Criminal Trespass List has been updated and you can contact the Central Office for an updated copy.



## I'M WITH CUPID



48 Hour Notice of Entry

#### **PEST CONTROL**

Feb 18: Link, Wilson & 3 Houses

AIR FILTERS
Feb 18-21:ALL SITES